

OCCUPATIONAL HEALTH AND INDUSTRIAL HYGIENE

MODULE I PHYSICAL HAZARDS

Noise, compensation aspects, noise exposure regulation, properties of sound, occupational damage, risk factors, sound measuring instruments, octave band analyzer, noise networks, noise surveys, noise control program, industrial audiometry, hearing conservation programs- vibration, types, effects, instruments, surveying procedure, permissible exposure limit.

Ionizing radiation, types, effects, monitoring instruments, control programs, OSHA standard- non-ionizing radiations, effects, types, radar hazards, microwaves and radio-waves, lasers, TLV- cold environments, hypothermia, wind chill index, control measures- hot environments, thermal comfort, heat stress indices, acclimatization, estimation and control

MODULE II CHEMICAL HAZARDS

Recognition of chemical hazards-dust, fumes, mist, vapour, fog, gases, types, concentration, Exposure vs. dose, TLV - Methods of Evaluation, process or operation description, Field Survey, Sampling methodology, Industrial Hygiene calculations, Comparison with OSHA Standard.

Air Sampling instruments, Types, Measurement Procedures, Instruments Procedures, Gas and Vapour monitors, dust sample collection devices, personal sampling

Methods of Control - Engineering Control, Design maintenance considerations, design specifications - General Control Methods - training and education

MODULE III BIOLOGICAL AND ERGONOMICAL HAZARDS

Classification of Biohazardous agents – examples, bacterial agents, rickettsial and chlamydial agents, viral agents, fungal, parasitic agents, infectious diseases - Biohazard control program, employee health program-laboratory safety program-animal care and handling-biological safety cabinets - building design.

Work Related Musculoskeletal Disorders –carpal tunnel syndrome CTS- Tendon pain-disorders of the neck- back injuries.

MODULE IV OCCUPATIONAL HEALTH, TOXICOLOGY AND PHYSIOLOGY

Concept and spectrum of health - functional units and activities of occupational health services, pre-employment and post-employment medical examinations - occupational related diseases, levels of prevention of diseases, notifiable occupational diseases such as silicosis, asbestosis, pneumoconiosis, siderosis, anthracosis, aluminosis and anthrax, lead-nickel, chromium and manganese toxicity, gas poisoning (such as CO, ammonia, coal and dust etc) their effects and prevention – cardio pulmonary resuscitation, audiometric tests, eye tests, vital function tests.

Industrial toxicology, local, systemic and chronic effects, temporary and cumulative effects, carcinogens entry into human systems

Man as a system component – allocation of functions – efficiency – occupational work capacity – aerobic and anaerobic work – evaluation of physiological requirements of jobs – parameters of measurements – categorization of job heaviness – work organization – stress – strain – fatigue – rest pauses – shift work – personal hygiene.

BOOKS

1. Benjamin O.Alli, Fundamental Principles of Occupational Health and Safety ILO2008.
2. Danuta Koradecka, Handbook of Occupational Health and Safety, CRC,2010.
3. E.J. McCornick, and M. S Sanders, Human Factors in Engineering and Design, Tata McGraw-Hill,

1992.

4. Encyclopedia of "Occupational Health and Safety", Vol.I and II, published by International Labour Office, Geneva,1985
5. Hand book of "Occupational Safety and Health", National Safety Council, Chicago,1982.

REFERENCES

6. Lawrence Slote , Handbook of occupational safety and health, Wiley,2001.
7. Louis J. Di Berardinis, Handbook of occupational safety and health Wiley,1999.