

RUH5F001 UNIVERSAL HUMANVALUES **(Self, Society and Nature)**

Pre-requisites: Universal Human Values: Self & Family (desirable); 4-day Harmony-2 Workshop (co-requisite). Please refer to AICTE Model Curriculum-Vol-II.

1. Objective:

The objective of the course is four-fold:

- A. Sensitization of student towards issues in society and nature.
- B. Understanding (or developing clarity) of nature, society and larger systems, on the basis of human relationships and resolved individuals.
- C. Strengthening of self-reflection.
- D. Development of commitment and courage to act.

(For elaboration on some of the above, consult course description for Universal Human Values 1: Self and Family, AICTE Model Curriculum-VOL-II).

2. Course Topics:

In this Universal Human Values course, the focus is more on understanding society and nature on the basis of self and human relationships.

- i) Purpose and motivation for the course.
- ii) Recapitulation (from the previous course) on ideas of self, pre-conditioning, and natural acceptance.
- iii) Harmony in the self. Understanding human being as co-existence of self and body. Identifying needs and satisfying needs of self and body. Self-observations. Handling peer pressure.
- iv) Recapitulation on relationships. Nine universal values in relationships. Reflecting on relationships in family. Hostel and institute as extended family. Real life examples.
- v) Teacher-student relationship. Shraddha. Guidance. Goal of education.
- vi) Harmony in nature. Four orders of nature – material order, plant order, animal order and human order. Salient features of each. Human being as cause of imbalance in nature. (Film “Home” can be used.)
- vii) Human being as cause of imbalance in nature. Depletion of resources – water, food, mineral resources. Pollution. Role of technology. Mutual enrichment not just recycling.